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What Have We Learnt Thus Far From Mice With Disrupted P-glycoprotein Genes?

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INTRODUCTION

CLINICAL INTEREST in P-glycoproteins (Pgp) is still on the rise and not without reason. Extrusion of drugs from cancer cells by Pgp probably contributes to drug resistance of a substantial fraction of human tumours, up to 50% according to Gottesman [1]. Effective inhibitors of Pgp-mediated drug transport (also known as reversal agents or Pgp modulators) are now entering clinical trials, the cyclosporin A analogue PSC 833 being one of the most promising [2]. The safe use of these inhibitors requires knowledge of their potential side-effects. What will happen if Pgp in normal tissues is inhibited? Are there functions of Pgp indispensable to normal physiology? Will inhibition of Pgp alter the metabolism of the carcinostatic drugs given in combination with inhibitors of Pgp? Will the metabolism and thus toxicity of other drugs in use for the treatment of cancer patients be affected by these inhibitors?

To study the physiological functions of Pgp in depth, we have turned to mice. It is now possible by standard techniques to disrupt specific genes in the germline of mice. Mice homozygous for the disruption can be obtained if the defect is not lethal. As shown in Figure 1, mice have three linked Pgp genes. The Mdr1a (also called Mdr3) and Mdr1b (also called Mdr1) genes are functional homologues of the human MDR1 gene, and are known to encode Pgp able to transport drugs. The murine Mdr2 gene encodes a Pgp closely related to the Pgp encoded by the human MDR3 (also called MDR2) gene. Until recently, no function for this gene was known.

We have obtained mice with disruptions of each of the three Pgp genes and in addition we have generated a double knockout in which both *Mdr1a* and *Mdr1b* are disrupted. Mice

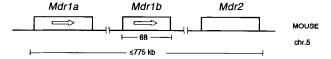


Figure 1. Schematic map of the mouse P-glycoprotein gene locus. Known distances and sizes are indicated in kilobases. The intergenic distance of the mouse genes, and the sizes of mouse Mdr1a (Mdr3) and Mdr2 genes are not known exactly. Arrows indicate the direction of transcription. chr., chromosome. Adapted from Borst and associates [4].

homozygous for these gene disruptions are viable and fertile. In this review, we shall summarise results obtained thus far with these mice, emphasising defects that could be relevant for treatment of cancer patients with inhibitors of drug-transporting Pgp. Some of these results have been discussed in more detail recently [3].

PUTATIVE PHYSIOLOGICAL FUNCTIONS OF DRUG-TRANSPORTING P-GLYCOPROTEINS IN MAMMALS

Speculations, old and new

Some of the speculations on physiological functions of drugtransporting Pgp and the rationale for these speculations are summarised in Table 1. The indirect evidence for these

Table 1. Possible physiological functions of drug-transporting P-glycoproteins in mammals*

- Protection against exogenous toxins ingested with food: expression in small intestine, colon, blood-tissue barrier sites
- Excretion of metabolites or toxins: expression in liver canalicular membrane, kidney (digoxin transport)
- Transport of steroid hormones: expression in adrenal gland, demonstrated transport of cortisol, corticosterone, aldosterone
- 4. Extrusion of (poly-)peptides (cytokines) not exported from the cell via the classical signal/cleavage pathway: compare yeast STE6, Escherichia coli HlyB, mammalian endoplasmic reticulum peptide transporters
- Ion transport and cell volume regulation: activation of an endogenous Cl⁻ channel activity
- Lymphocyte cytotoxicity: possible involvement in NK-cell-mediated cytotoxicity
- 7. Transport of prenylcysteine methyl esters
- 8. Intracellular vesicular transport of cholesterol

^{*}Modified from Borst and Schinkel [3].

functions has been summarised by Borst and associates [4], by Lum and Gosland [5] and in other reviews in this issue. The most recent developments concern points 5–8 of Table 1. Recent evidence indicates that the MDR1 Pgp is not a Cl-channel, as proposed by Higgins and Sepúlveda and coworkers, but that this Pgp activates an endogenous Cl-channel [4, 6]. Point 6 of Table 1 concerns the role of Pgp in lymphocytes. The highest levels of MDR1 Pgp mRNA are found in natural killer (NK) cells, but substantial levels are also present in cytotoxic T-cells [7–9]. Chong and associates [10] found that NK-cell-mediated toxicity was inhibited by high concentrations of two MDR reversal agents and they have suggested that NK-cell action may require "the functional expression of an efflux molecule similar or identical to P-glycoprotein".

Casey and colleagues [11, 12] have recently found that prenylcysteine methyl esters interact with Pgp. These esters represent the C-terminal structures of prenylated proteins, such as cellular ras and most G-proteins, and they are formed when these proteins are degraded in the cell. Zhang and associates [11] have shown that these esters activate Pgpmediated ATPase activity and compete for drug binding to Pgp. Although actual transport of the esters by Pgp has not been tested yet, Zhang and Casey [12] have suggested that Pgp might play a role in removing the toxic esters from cells.

Finally, Field and associates [13] have found an effect of inhibitors of Pgp on cholesterol transport. In cultured intestinal cells (CaCo-2 cells), they observed that esterification of plasma membrane cholesterol and triacylglycerol-rich lipoprotein secretion was inhibited by inhibitors of Pgp, such as verapamil, trifluoperazine, amiodarone and cyclosporin A. They tentatively conclude from these results that Pgp "might function to maintain the acidic environment of transport vesicles, and therefore, could play a role in the (vesicular) transport of lipids by the intestine" [13].

Properties of mice with disrupted drug-transporting Pgp genes

The general characteristics of these mice are presented in Table 2. In each case, we have shown that the disrupted allele is a null allele, that is, it does not give rise to synthesis of detectable Pgp (fragments). The phenotypes of these mice are therefore attributable to lack of Pgp only. The important result is that even the double knockout mice are healthy and fertile under laboratory conditions. It should be stressed that the *Mdr1b* (-/-) and double knockout mice have not been extensively tested yet. They may have subtle defects that are not apparent in gross anatomy and histology. We have not

challenged any of these mice with bacterial or viral infections or other forms of stress. We have shown, however, that the *Mdr1a* (-/-) mice are hypersensitive to drugs transported by Pgp (see below). We expect a more severe hypersensitivity in the double knockout mice and a milder drug sensitivity in the *Mdr1b* (-/-) mice, as the Mdr1b Pgp has a more restricted tissue distribution than the Mdr1a Pgp (Table 2).

Mice with a disrupted Mdr1a gene [14–16]

Mice homozygous for a disruption of the Mdr1a gene have completely lost all detectable P-glycoprotein in gut epithelium and brain capillaries, showing that this Pgp is the predominant one present at these important barriers in mice and that the absence of the Mdr1a Pgp does not lead to an activation of the Mdr1b Pgp in these tissues. No substantial change (\geq 2-fold) in Mdr1b RNA was found either in the brain, heart, lung, muscle, spleen, thymus, testis, ovary and uterus of Mdr1a (-/-) mice, but in liver and kidney there was a substantial increase [14]. This upregulation of Mdr1b in liver and kidney probably compensates in part for the loss of excretory capacity caused by the Mdr1a disruption.

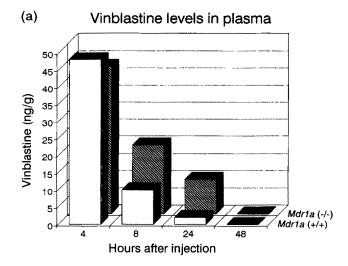
The complete loss of Mdr1a Pgp has no apparent deleterious effect on mice, as long as they are not challenged with drugs that are normally transported by Pgp. Figure 2 illustrates what happens if these mice are treated with a single dose of 6 mg vinblastine (VBL)/kg. The most striking effect is in the brain: 4 h after injection the level of VBL in Mdr1a (-/-) mice is 13-fold higher than in controls and this difference further increases with time because elimination of VBL is also slower in mutant than in wild-type mice (Figure 2b). The body clearance of VBL is also reduced in the mutant mice. This may in part be due to slow outflow of drug from large organs, normally protected by the Mdr1a Pgp, in part to a slower elimination of the drug via the faeces. Approximately 75% of a VBL dose is excreted as polar metabolites in the faeces in mice [17, 18] and this fraction is probably not affected in Mdr1a (-/-) mice. However, the excretion of unchanged VBL in faeces was reduced from 20-25% in wildtype mice to 9% in Mdr1a (-/-) mice (J. van Asperen and colleagues, unpublished results), and this decrease might be due to reabsorption of VBL in the gut that lacks the protection by Mdr1a Pgp in the deficient mice. The lethal dose of VBL in the Mdr1a (-/-) mice was only approximately 3-fold lower than in controls and the signs of general toxicity were similar in the knockout mice and in controls. Probably the organs most affected by the lack of Pgp, brain and heart, are not

Table 2. Mice with disrupted	l drug-transporting Pgp genes
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Gene disruption	Life span	Fertility	Phenotype thus far	Normal tissue expression*	Refs†
Mdr1a (Mdr3)	Normal	+	Normal	Gut, liver, brain	a
Mdr1b (Mdr1)	Normal	+	Normal	Kidney, adrenals, pregnant uterus	ь
Mdr1a + Mdr1b	Normal (at 12 months)	+	Normal	See <i>Mdr1a</i> and <i>Mdr1b</i>	b

^{*}Only major tissues. See Borst [4] for more complete list.

[†]a, Schinkel and associates [14]; b, unpublished results.



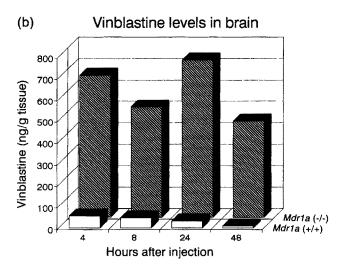


Figure 2. Plasma and tissue levels of vinblastine in mice at different time points after a single intravenous injection of 6 mg vinblastine/kg. Mdr1a (+/+), controls. Data from Schinkel and associates [14].

dose-limiting for VBL. Unpublished results of U. Mayer and associates with digoxin and of O. van Tellingen and associates with paclitaxel (personal communications), indicate that elimination of these drugs is also substantially slower in the Mdr1a (-/-) mice.

The situation is very different for a drug for which brain toxicity is limiting. An example is ivermectin, a widely used antihelminthic and acaricide drug, and an excellent Pgp substrate [15, 16]. Ivermectin interferes with neurotransmission in several helminths, in insects and in the mammalian brain, but normally it does not reach brain synapses, because Pgp in the mammalian blood-brain barrier excludes it. In the Mdr1a (-/-) brain, ivermectin concentrations are 100-fold higher than in the brain of control mice and the tolerance of Mdr1a (-/-) mice for ivermectin is also reduced by 100-fold [14]. The lethal ivermectin dose in Mdr1a (-/-) mice comes near the dose normally used in humans to treat river blindness.

We have found several other drugs that accumulate more in the brains of Mdr1a (-/-) mice than of (+/+) mice. A summary is presented in Table 3. For comparison, the ability of these compounds to be transported by Pgp is presented. This ability was assessed by measuring vectorial transport through a mon-

olayer of pig kidney cells expressing a transfected MDR1 or Mdr1a mini-gene [16]. In general, the drugs that are effectively transported accumulate to a much larger degree in brains of (-/-) mice than in those of (+/+) mice. For [³H]-morphine, the difference was marginal, and for [³H]dexamethasone, a drug transported well by kidney cells expressing mouse Mdr1a, the difference was modest. This may be due to rapid metabolism of these drugs, as only total radioactivity was measured. It should also be noted that some of these data are only based on a single drug dose and tissue measurements at a single time point (4 h after i.v. injection). Nevertheless, these results illustrate the power of Pgp as an active extruder of amphipathic molecules that pass the blood-brain barrier by diffusion.

Mice with a disrupted Mdr2 gene

The mouse Mdr2 Pgp and its human homologue, the MDR3 Pgp are only present in a few tissues. By far the highest concentrations are found in liver [19–23], where this Pgp is restricted to the canalicular membrane of the hepatocyte [23, 24], suggesting that it is involved in the secretion of compounds into bile.

This suggestion was confirmed by the phenotype of mice homozygous for a disruption of the *Mdr2* gene, resulting in a null allele [25]. The bile of these *Mdr2* (-/-) mice almost completely lacked phosphatidylcholine (PC), normally one of the major constituents of bile. Even more important was that the (+/-) mice, heterozygous for the defect, had approximately half the normal level of PC in their bile. As these heterozygotes had no other biochemical defects or pathological symptoms, this result established that the Mdr2 Pgp is required for PC transport through the canalicular membrane [25]. Several lines of evidence [26–29] now suggest (but do not prove) that this Pgp class is a PC translocator that flips PC from the inner to the outer leaflet of the canalicular membrane.

To test whether the Pgp encoded by the human MDR3 gene is also a PC translocator, we generated mice carrying an MDR3 mini-gene, driven by an albumin promoter (preferentially expressed in liver), and crossed the MDR3 transgene into the Mdr2 (-/-) line (A.J. Smith and colleagues, unpublished results). In one line with high and uniform MDR3 expression in the liver, comparable to wild-type murine Mdr2 expression, the PC levels in the bile were normal and no liver pathology was observed. This proves that the MDR3 Pgp can fully replace the function of its murine Mdr2 counterpart and that the liver defects found in the Mdr2 (-/-) mice are indeed solely due to the absence of the Mdr2 Pgp.

Can the Mdr2/MDR3 Pgp transport drugs?

No increased transport of drugs was found in cells transfected with *Mdr2* or *MDR3* constructs [30, 31], even though the constructs used were recently shown to yield Pgp able to transport PC [26, 27]. Buschman and Gros [32] have shown that the Mdr2 Pgp does not even bind the drug analogue, iodoarylazidoprazosin, that binds to drug-transporting Pgp. The lack of drug transport seems adequately explained by the high specificity of this transporter for PC and its analogues.

Nevertheless, there are reports in the literature linking the Mdr2/MDR3 Pgp to drug transport. Nooter and associates [33] and Herweijer and associates [34] found good correlation between the level of MDR3 (and MDR3 + MDR1) RNA and reduced (cyclosporin-sensitive) daunorubicin accumulation in B-cell leukaemias. This is remarkable, but this correlation

Drug	Analysis	Increased accumulation in Mdr1a (-/-) brain	Transport by Pgp	
Vinblastine	Vinblastine	+++	+++	
[3H]Ivermectin	Radioactivity	+++	+++	
[3H]Digoxin	Radioactivity	+++	+++	
[3H]Cyclosporin A	Radioactivity	+++	+++	
[3H]Dexamethasone	Radioactivity	+	+++	
[3H]Morphine	Radioactivity	+	+	

Table 3. Increased levels of drugs in the brain of Mdr1a (-/-) mice compared to brains of control mice*

might (in theory at least) be explained by the simultaneous overexpression of *MDR3* and another unknown cyclosporinsensitive transport system able to extrude daunorubicin. The second observation comes from Ruetz and Gros [26] who found that transport of a PC analogue by Mdr2 Pgp inserted into yeast vesicles is completely inhibited by the reversal agent, Verapamil. Inhibition requires binding, but binding does not imply transport. It is therefore possible that the Mdr2 Pgp is inhibited by (some) inhibitors of drug-transporting Pgp without being able to transport these compounds. More physiological systems are now available to test this interpretation.

LESSONS FROM KNOCKOUT MICE FOR THE USE OF INHIBITORS OF PGP (REVERSAL AGENTS) IN PATIENTS

Although we think that mice with disrupted Pgp genes can teach us something about the possible untoward effects that can be expected for the effective MDR reversal agents, the lessons are still incomplete, as long as the Mdr1a + Mdr1b double knockout has not been fully analysed. It is also possible that the consequences of a complete loss of drug-transporting Pgp are not the same in mice and humans, although we consider this unlikely. Nevertheless, some clear lessons are already emerging.

1. The fact that the double knockout mouse appears normal suggests that the drug-transporting Pgp have no essential function in normal metabolism, in contrast to earlier suggestions (see Table 1). Especially noteworthy is the absence of gross disturbances in corticosteroid metabolism, in pregnancy, and in bile formation. However, we have not looked in detail at NK-cell function, accumulation of prenylcysteine methyl esters, or intracellular cholesterol transport, and more subtle defects may be detected as the analysis of the double knockout mice progresses to completion. Nevertheless, we think that an important positive message from the knockout mice is that the complete absence of drug-transporting Pgp in at least one mammal is compatible with fairly normal physiology. We therefore expect that treatment with MDR reversal agents, which selectively block the function of the MDR1 P-glycoprotein, should not have major effects on human physiology, beyond the predictable effects on drug metabolism. A caveat should be added: drugs are never as specific as directed genetic lesions, and reversal agents may be expected to have sideeffects beyond their interference with Pgp function. For instance, Böhme and colleagues [35] have shown that cyclosporin A (CsA) is a potent inhibitor of ATP-dependent bile salt transport through the canalicular membrane of the rat.

The CsA analogue and reversal agent PSC 833 has the same side-effect, albeit less severe. In addition, there are transporters that have not yet been characterised for their sensitivity to reversal agents, such as Sister of Pgp [36], and that might also be inhibited by these agents. Reversal agents may therefore have more severe effects than those resulting from a total block of Pgp alone.

- 2. The results thus far obtained with knockout mice highlight the two types of problems that can be expected with effective reversal agents.
- A. Decreased elimination of drugs. Two factors could contribute to this decrease: (a) decreased excretion of drug in liver, kidney or gut, depending on which route is important in the Pgp-mediated excretion of the drug; and (b) increased reabsorption of drug from bile, gut lumen, or urine before the drug can be eliminated from the body. For drugs that are excreted in unaltered form or as a conjugate that can be hydrolysed after secretion, Pgp in the epithelial surfaces of bile ducts, gut and kidney proximal tubules may be important to prevent reabsorption of the excreted drug. How important, remains to be determined.

Obviously, the importance of Pgp in drug elimination will depend on the fraction of drug that is normally excreted by Pgp. If this fraction is high, the rate of drug elimination will be decreased more by a block of Pgp than when most of the drug is metabolised and excreted as hydrophilic metabolites. From clinical results with the (relatively ineffective) reversal agents tested so far, it is already clear, for instance, that these agents interfere with the elimination of anthracyclines resulting in considerable increases in area under the curve (AUC) and concomitant toxicity [9, 37, 38]. The 3-fold decrease in tolerance for VBL in the *Mdr1a* (-/-) mice appears to be mainly due to this type of delayed drug elimination.

B. Increased toxicity of drugs in organs normally protected by Pgp. The drastically decreased tolerance of the Mdr1a (-/-) mice for ivermectin is a good example. It also illustrates that side-effects of reversal agents will not be limited to anticancer drugs, but will potentially extend to any other drug that is affected by Pgp. The accumulation of digoxin in the brain of Mdr1a (-/-) mice (Table 3) is a good example. Mice are intrinsically resistant to digoxin and the increased digoxin levels in the brain are therefore without severe toxic effects. We expect humans to be more affected by a drastic increase in brain digoxin.

The experiments with knockout mice suggest that several other organs apart from the brain are at risk when Pgp is eliminated. In the *Mdr1a* (-/-) mouse, drug removal was

^{*}From Schinkel and associates [14, 16].

consistently slowed down in skeletal muscle, heart, intestine, testis and lung. If the Mdr1b Pgp is also absent, one can expect problems in adrenals and ovary as well, whereas the toxicity for tissues that contain both Mdr1a and Mdr1b Pgp, e.g. kidney, muscle, lung and spleen should be exacerbated. Further analysis of the Mdr1b (-/-) and double knockout mice should clarify the situation.

OTHER LESSONS FROM KNOCKOUT MICE FOR PHARMACOLOGY

We think that our results show that knockout mice, in general, can become an important tool in pharmacology. Drug metabolism in mammals is a complex affair involving parallel pathways with overlapping drug specificities. Although these can often be distinguished by the use of inhibitors, few inhibitors act on a single target. In contrast, gene disruption is specific for a single gene and by combining multiple gene disruptions it should become possible to dissect complex pathways in detail. Obviously, the genetic approach is not perfect either. The absence of one gene product can result in the overproduction of another one and this overproduction may mask the genetic defect produced. A case in point is the upregulation of Mdr1b expression in the liver of the Mdr1a (-/-) mice, masking the decreased capacity for excretion of Pgp substrates into bile. However, the power of the gene disruption approach lies in the possibility to disrupt more and more genes and eventually—this is indeed a long-term goalto combine all the null alleles in a single mouse. It is therefore an approach that gains in power as one proceeds. The human and mouse genome projects are also helping to provide new candidate genes for disruption.

CONCLUSION

Although it is early days, there are already a few general lessons to be drawn from our P-glycoprotein knockout mice.

- 1. We have found a novel and unexpected function, translocation of phosphatidylcholine, for the Mdr2 Pgp and its human MDR3 homologue.
- 2. The expectation that P-glycoprotein is an important component in the defence of mammals against amphipathic xenotoxins (Table 1) has been fully confirmed by our results with the *Mdr1a* (-/-) mutant, given the fact that most of the drugs tested thus far are biotoxins from nature.
- 3. The substantial amounts of drug-transporting Pgp present in the gut should have an important effect on the oral availability of drugs transported by Pgp. This is an important area for future research. It is conceivable that potent reversal agents with short half lives in the body might be used to temporarily block the gut Pgp and allow uptake of drugs from the gut that are otherwise excluded by Pgp.
- 4. We think that our demonstration of the importance of Pgp in the blood-brain barrier is a useful addition to brain pharmacology. It explains many (if not all) exceptions to the rule that the penetration of drugs into the brain tends to increase with increasing hydrophobicity. It has also been shown that the apparent cut-off for penetration into the brain at a molecular mass of 700 Da is another consequence of Pgp action. Large drugs are merely good Pgp substrates. The presence of functional Pgp in the blood-brain barrier obviously offers opportunities for new types of drug treatment. Drugs that are actively pumped out may gain entry in the presence of a potent reversal agent. In drug design, the pres-

ence of Pgp could be taken into account to make drugs with enhanced or decreased brain accessibility.

5. The fact that none of the mouse Pgp is required for normal fetal development, implies that inborn errors of Pgp synthesis could exist in humans. Defects in MDR3 Pgp synthesis should lead to liver disease early in life. As the human bile salts are more hydrophobic (and therefore aggressive towards membranes) than murine bile salts, we expect the human disease to be more severe than the murine disease and to lead rapidly to obliteration of bile ducts and cessation of bile production [25]. This may make the detection of this Pgp defect difficult.

We expect children born with a defect in the MDR1 Pgp to be healthy, until challenged with Pgp substrates. To our knowledge, no untoward reactions to drugs have been reported that would suggest a compromised Pgp function. A vast number of Africans has been treated with ivermectin for river blindness, without reports of severe side-effects [39]. It is possible that there are natural toxins in the environment that kill humans with a total defect of MDR1 Pgp at an early age. Such deaths might be recorded as "cot death" and remain unexplained. It is also possible (though unlikely in our opinion) that humans have additional protection mechanisms against amphipathic toxins, not present in mice, reducing the consequences of a defect in the MDR1 Pgp. It seems likely, however, that variations in MDR1 Pgp activity will exist in the human population and the consequences of these variations for pharmacotherapy remain an interesting area for future research.

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